

[WEEKLY MENU]



Week 1

Week Commencing: Mon 8th Jan - Mon 29th Jan - Mon 26th Feb - Mon 18th Mar



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Beef Bolognese Pasta Bake (G, MK)	Classic Hot Dog (G, SE*, SO*)	Sweet & Sour Chicken Balls (CE)	Butchers Sausage & Crushed Potato with Gravy (CE, G, MK, SO, SU)	Fish Fingers & Chips (F, G)
Vegetarian Dish of the Day	Roasted Vegetable Lasagne (E*, G, MK)	Quorn Hot Dog (E, G, SE*)	Sweet & Sour Vegetables (CE)	Veggie Sausage & Crushed Potato with Gravy (CE, MK)	Vegan Nuggets & Chips (G)
Vegetable Choice	Chef's Salad & Coleslaw (E, MU)	Homemade Potato Wedges	Egg Fried Rice. Stir Fried Greens (E, G, SO)	Seasonal Greens	Beans or Peas
Dessert of the Day	Banana Sponge with Vanilla Sauce (E, G, MK)	Fruit Jelly	Iced Vanilla Sponge (E, G)	Shortbread Biscuit (G)	Ice Cream (MK)
Jacket Potato Bar	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
Cold Selection	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit

Allergens:

CE = Celery, CR = Crustacean, E = Eggs, F = Fish, G = Cereals Containing Gluten, L = Lupin, MK = Milk, MO = Molluscs, MU = Mustard, N = Nuts, P = Peanuts, SO = Soya, SU = Sulphur, SE = Sesame Seeds * = May Contain

St Mary's RC



[WEEKLY MENU]



Week 2

Week Commencing: Mon 15th Jan - Mon 5th Feb - Mon 4th Mar - Mon 25th Mar

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Spaghetti Beef Bolognese (G)	Pepperoni Pizza (G, MK)	Roast Beef & Gravy	Mild Chicken Tikka Masala & Rice (CE, G*, MK)	Battered Fish & Chips (F, G)
Vegetarian Dish of the Day	Vegetable Bolognese with Spaghetti (CE, G)	Veggie Supreme Pizza (G, MK)	Winter Vegetable Quiche & Nut Free Pesto (E, G, MK)	Vegetable & Lentil Dhal Rice (CE, G*)	Homemade Vegan Sausage Roll & Chips (G)
Vegetable Choice	Garlic Bread and Green Salad (G, MK)	Seasoned Potato Wedges & Sweetcorn	Rustic Roast Potatoes & Seasonal Vegetables	Seasonal Vegetables	Beans or Peas
Dessert of the Day	Lemon Drizzle Cake (E, G, SU)	Yoghurt (MK)	Classic Jam Sponge & Custard (E, G, MK, SO*)	Selection of Fruit Mousse (MK)	Chocolate Orange Sponge with Chocolate Sauce (E, G, MK, SO)
Jacket Potato Bar	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
Cold Selection	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit



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[WEEKLY MENU]



Week 3

Week Commencing: Mon 22nd Jan - Mon 19th Feb - Mon 11th Mar



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Chicken & Tomato Basil Pasta (G, MK)	Sweet & Sour Chicken (CE)	Roast Chicken & Gravy	Beef Lasagne (E*, G, MK)	Fish Fingers & Chips (F, G)
Vegetarian Dish of the Day	Tomato & Basil Pasta (G, MK)	Vegetable Chow Mein (CE*, E, G, MU*, SO)	Roasted Vegetable Filo Parcel & Tomato Sauce (CE, G)	Mac & Cheese (G, MK)	Margherita & Chips (G, MK)
Vegetable Choice	Garlic Bread & Green Salad (CE, G)	Steamed Rice & Stir Fried Greens	Rustic Roast Potatoes & Seasonal Vegetables	Green Salad or Coleslaw (E, MU)	Beans or Peas
Dessert of the Day	Forest Fruit Traybake (E, G, MK*)	Fruit Jelly	Apple Crumble & Custard (G, MK)	Fruity Flapjack (G)	Double Chocolate Chip Cookie (E, G, MK, SO)
Jacket Potato Bar	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
Cold Selection	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit

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